

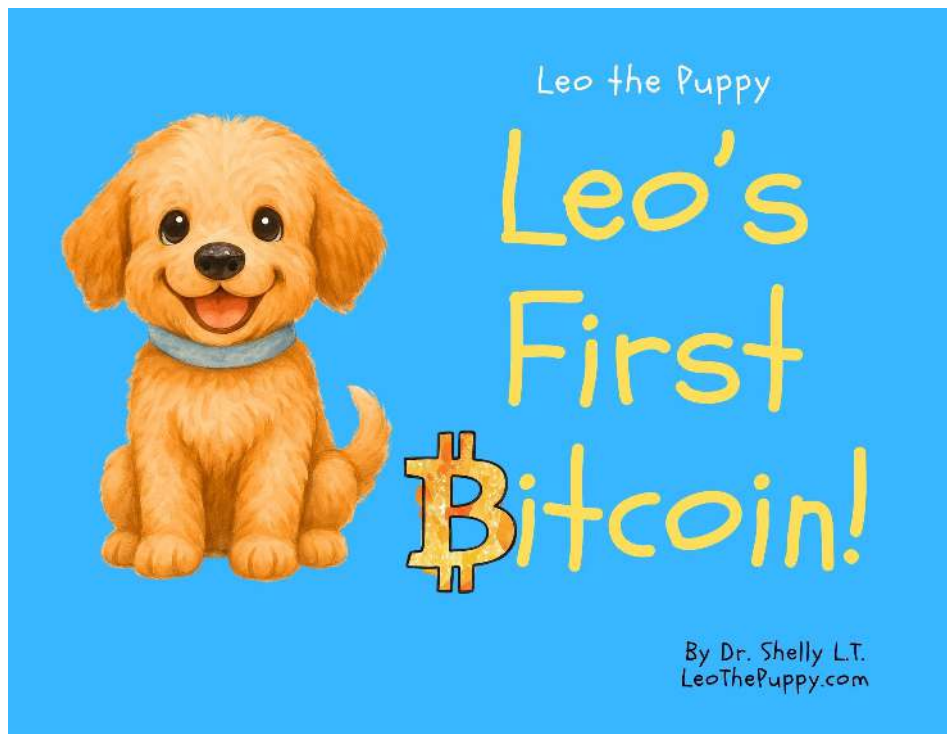
Leo's First Bitcoin!

Parent & Educator Guide

A companion resource for teaching children about
money, value, and Bitcoin

By Dr. Shelly L.T. | LeoThePuppy.com

This guide is designed to help parents and educators use *Leo's First Bitcoin!* as a springboard for meaningful conversations about money, value, inflation, and Bitcoin. Each lesson includes the story context, discussion questions, and activities to bring the concepts to life for young learners.



Leo's First Bitcoin! Parent and Educator Guide

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Leo's First Bitcoin! Parent and Educator Guide

A Note from Dr. Shelly L.T.

Dear Parents and Educators,

As a mother, grandmother, educator, and PhD with over 26 years of federal service, I've spent decades watching how financial knowledge (and lack of it) shapes people's lives. I'm dedicated to personal transformation and I encourage people to explore new ideas with confidence. I wrote Leo's First Bitcoin! because I believe every child deserves an early, friendly introduction to the concepts that will define their financial future.

Bitcoin is not just a trend. It's a fundamental shift in how the world thinks about money, value, and freedom. Most adults were never taught about money beyond "save and spend," and almost no one was taught about Bitcoin. That's exactly why Leo's dad couldn't teach him. The good news is that it's never too early (and never too late) to start learning.

This guide is designed to make those conversations easy, natural, and fun. You don't need to be a financial expert. Leo will do the teaching. Your job is simply to read along, ask the questions, and let curiosity do the rest.

Thank you for investing in your child's financial future. Leo and I are so glad you're here.

With gratitude,

Dr. Shelly L.T.

Author, Leo's First Bitcoin!

LeoThePuppy.com

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How to Use This Guide

This guide is organized to follow the book page by page. Each lesson section includes:

Story Summary: A brief recap of what happens on those pages.

The Big Idea: The core concept Leo is learning, explained simply for adults.

Discussion Questions: Open-ended questions to spark conversation with your child.

Activities: Hands-on exercises to reinforce each concept.

Tips for the Best Experience:

- 🐾 Read the book together first, then come back to this guide for more explanation .
- 🐾 There are no wrong answers...encourage your child to be curious and to ask anything.
- 🐾 It's okay if you don't know all the answers! Learning together is part of the journey.
- 🐾 Return to lessons as your child grows...these concepts deepen with age.
- 🐾 Use the vocabulary section as a reference whenever a new term comes up. You can even start your own!

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Key Vocabulary

These are the key words your child will encounter in Leo's story. Review them before reading, or use this section as a reference as you go.

Money	Anything people agree to use to trade for goods and services. In Leo's world, dogs use bones. People use paper money and coins.
Value	How much something is worth. Value is not the same as price...it's about what something means to you and others.
Inflation	When money loses its purchasing power over time and you need more money to buy the same things. Leo sees this when it takes more and more bones to buy toys.
Trust	Belief that something or someone is reliable. Money only works when people trust it has value. Without trust, money is just worthless paper (or bones).
Bitcoin	A special kind of digital money that has a fixed supply and does not require trust in a bank or government to work. It is designed to hold its value over time.
Financial Freedom	Having enough money and resources that you are not restricted by financial worry. In Leo's story, this is the place where dogs run free and play all day.
Medium of Exchange	Something agreed upon that is used to make trading easier. In Leo's world, dogs use bones for money.
Generational Wealth	Money, assets, or knowledge passed down from parents to children, giving the next generation a financial head start.

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Page-by-Page Lesson Breakdown

PAGE 2

Meet Leo – The Power of Curiosity

Story

Leo introduces himself as a curious puppy who loves to ask questions. He invites readers to join him on his Bitcoin adventure.

Big Idea

Curiosity is the foundation of all learning. Being open to new ideas (especially about money) is the first and most important step for children and adults alike.

Discussion Questions

- What are you curious about?
- Can you think of something you didn't understand at first, but learned about and now love?
- Why do you think asking questions is important?

PAGE 3

Learning from Family – Money Is Passed Down

Story

Leo's dad teaches him about people, places, things, and money, just like his dad taught him.

Big Idea

Financial knowledge is often passed down through families. What parents know (or don't know) about money shapes what children learn.

Discussion Questions

- What has someone in your family taught you about money?
- Do you think it's important to learn about money? Why?
- If you could teach someone one thing about money, what would it be?

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PAGES
4-5

Money Loses Value: Introduction to Inflation

Story

Leo's dad explains that dogs use bones for money and people use paper money, but that money doesn't buy as much as it used to. It takes more and more money just to buy toys.

Big Idea

Inflation means that over time, money buys less. This is not a glitch, it's how most traditional money systems work. Understanding this early helps children begin to think about protecting their future.

Discussion Questions

- Have you ever noticed that something costs more than it used to?
- If your allowance stayed the same but toys got more expensive, how would that make you feel?
- Why do you think money might lose its value over time?

PAGES
6-7

A New Kind of Money: Introduction to Bitcoin

Story

Leo learns about a special kind of money called Bitcoin. But his dad couldn't teach him about it because he never learned it himself.

Big Idea

Bitcoin is so new that most adults have not learned about it yet. This is one of the rare times in history where children and adults are learning something new at the same time.

Discussion Questions

- Have you ever heard of Bitcoin before? What did you think it was?
- Is there something you know about that a grown-up in your life doesn't know?
- Why do you think it might be hard for grown-ups to learn about new kinds of money?

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PAGES
8-11

Financial Freedom: The Place Where Dogs Run Free

Story Another dog tells Leo about a special place where dogs run free and play all day — because they have Bitcoin. To get in, you need Bitcoin.

Big Idea *Financial freedom means having the resources to live without constant financial restriction. Bitcoin is introduced here as a potential path to that freedom.*

Discussion Questions

- What would your perfect "special place" look like?
- What does freedom mean to you?
- Do you think money can help people be more free? How?

PAGE 12

Value Is Relative: The Golden Collar

Story The dog with Bitcoin tosses away his golden collar because he no longer needs it because he has something more valuable: **Bitcoin**.

Big Idea *Value is not the same for everyone. Something that is very valuable to one person may not be valuable to another. Bitcoin has a different kind of value than gold or jewelry.*

Discussion Questions

- Can you think of something that is valuable to you but not to someone else?
- Why do you think the dog didn't need his golden collar anymore?
- What is the most valuable thing you own? Is it valuable because of what it's worth or because of what it means to you?

PAGES
13-15

Asking the Right Questions: Reflection and Problem Solving

Story Leo wonders why his money isn't enough, why he needs more and more bones to buy toys, and how he can get Bitcoin to be free too.

Big Idea *Awareness of a problem is the first step to solving it. Leo's questions mirror the questions adults ask when they begin to understand the limitations of traditional money.*

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Discussion Questions

- What do you do when you want something but don't have enough money for it?
- Do you think it's okay to want more than you have? Why or why not?
- What would *you* do if you wanted Bitcoin?

PAGES
16-17

Trade and Value: Leo Gets His Bitcoin

Story

Leo trades the golden collar for Bitcoin and earns his way into the place where dogs run free and play all day.

Big Idea

Trade is one of the oldest ways to get something of value. Leo finds a creative solution by exchanging something he had for something he wanted.

Discussion Questions

- Have you ever traded something with a friend? Was it a fair trade?
- What would you be willing to trade to get something really important to you?
- Do you think Leo made a good decision? Why?

PAGES
18-19

Dream Bigger: The Big Lesson

Story

Leo learns that money can change, and if we change too, we can dream bigger. He invites readers to join him on his next Bitcoin adventure.

Big Idea

Being open to change (especially about how we think about money) is the key to a better financial future. This is the beginning of a lifelong learning journey.

Discussion Questions

- What does "dreaming bigger" mean to you?
- Is there something you want to change about the way you think about money?
- What adventure would you like to go on with Leo next?

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Activities & Exercises

Activity 1: The Bone Economy

Ages 4-8

Create a mini "bone economy" at home. Use dog bone-shaped crackers or paper cutouts as "bones." Set prices for small household tasks or toys. Then, over a week, slowly raise the prices. Ask your child: What happened? Does your money buy as much as it used to? This brings inflation to life in a tangible, memorable way.

Activity 2: What Is It Worth to You?

Ages 5-10

Gather five objects from around the house. Ask each family member to rank them from most to least valuable. Compare the rankings, because they will likely be different! Use this to discuss how value is personal and how money is just an agreed-upon way to measure it.

Activity 3: The Trade Game

Ages 6-12

Give each family member three small items of their choice. Allow everyone to trade freely for five minutes. Afterward, ask: Was every trade fair? Did you trade something you later wished you hadn't? This mirrors Leo's decision to trade the collar for Bitcoin and sparks discussion about value and decision-making.

Activity 4: My Financial Freedom Dream

Ages 6+

Ask your child to draw or describe their version of 'the place where dogs run free and play all day.' What does their ideal life of freedom look like? What would they need to get there? This opens a gentle conversation about goals, savings, and long-term thinking.

Activity 5: Money Through Time

Ages 8+

Look up the price of a common item (a loaf of bread, a movie ticket, a gallon of gas) from 1990, 2000, 2010, and today. Chart the prices together. Ask: Why do you think prices keep going up? What does that mean for saving money? This is a powerful visual demonstration of real-world inflation.

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Activity 6: Leo's Bitcoin Journal

Ages 7+

Start a "Bitcoin Journal" with your child. Each week, write down one new thing you learned about money or Bitcoin together. Track the price of Bitcoin over time. Revisit the journal after six months and talk about what changed. This builds the habit of financial curiosity and lifelong learning.

Bitcoin Journal



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Continuing the Journey

Leo's First Bitcoin! is just the beginning. The series will continue as Leo grows and learns more about how to safely acquire, store, and grow his Bitcoin. Here are some ways to keep the learning going at home:

Follow Leo's Journey online - Visit LeoThePuppy.com for free educational blog posts that go deeper into each concept, written for curious families just like yours.

Watch Leo on YouTube - Subscribe to Leo's YouTube channel [@LeoThePuppy.com_DrShellyLT](https://www.youtube.com/@LeoThePuppy.com_DrShellyLT) for videos that bring Leo's lessons to life.

Read together regularly - Make financial literacy a part of your family routine. Even ten minutes a week of money conversation will compound beautifully over time.

Ask questions freely - There are no silly questions about money or Bitcoin. Every question is a doorway to a bigger conversation.

Stay curious - Bitcoin is still evolving. The most important thing you can give your child is the habit of lifelong learning and open-minded curiosity.

"Money can change and if we change too, we can dream bigger."

~ Leo the Puppy